



Emergency First Response is an innovative CPR/first aid program open to all people who want to teach First Aid, CPR, AED and the EFR Care for Children programs

Accidents and illnesses happen every day. Some people need only a helping hand while others may suffer serious permanent injuries without help. The Emergency First Response Instructor course allows you to market this important course to the public. Diving Instructors can also use it to cross-promote diving courses!

The EFR program skills and knowledge development are state of the art, based on the consensus view of the Basic Life Support (BLS) Working Group of the International Liaison Committee on Resuscitation (ILCOR) for lay people to provide CPR, First Aid and AED to injured persons. The EFR Instructor course also provides the training to teach First Aid/CPR and AED use for children and infants.. The EFR program is based on established instructional design and educational protocols to render an educationally valid and credible product. Emergency First Response courses meet CPR requirements for participants seeking certification through the American Council on Exercise.

Emergency First Response is flexible – No need to spend eight full hours with your students! They do the knowledge development portion as independent study, using the high-quality educational materials and then come to you to do the skills development portion - about 4 hours.

Emergency First Response Primary Care (CPR) covers the following Primary Care (CPR) skills:

- Scene Assessment
- Barrier Use
- Primary Assessment
- Rescue Breathing (adults, children and infants)
- Cardiopulmonary Resuscitation (CPR) (adults, children and infants)
- Serious bleeding management
- Choking Management
- Shock management
- Spinal injury management

There are also optional Automated External Defibrillator (AED) training component, learn how to help a conscious choking adult and have an emergency oxygen use orientation.

Secondary Care (first aid) covers injuries or illnesses that are not immediately life threatening or when local EMS is unavailable or delayed. They include:

- Injury Assessment
- Illness Assessment
- Bandaging
- Splinting for Dislocations and Fractures

The Emergency First Response Instructor Program is an 2 day program that covers:

- The Emergency First Response Program Philosophy
- Learning and Instruction Workshops for teaching the EFR Program and the Care for Children Modules
- Practical Teaching Workshop
- How to Organize an Emergency First Response Course
- Mannequin Cleaning Workshop
- Marketing Emergency First Response.

The Emergency First Response Instructor Program is open to all persons. You must have completed the Emergency First Response First Aid/CPR/AED program and the EFR Care for Children program within the last 24 months to qualify for the instructor course.

Instructors for other recognized First Aid/CPR agencies can qualify for the EFR Cross-over program.

Contact me at (206) 300-0318 or or e-mail me at [lets_dive \(at\) scubaventures-diving.com](mailto:lets_dive@scubaventures-diving.com) for further information on Emergency First Responder Instructor training.